Kitchen Deep Cleaning Checklist Printable

A thorough, realistic plan for kitchen surfaces and storage

Mark tasks as you finish. Choose what fits your home; skip tasks that do not apply.

COUNTERS & SINK

- [ ] Clear and wipe countertops GUIDE ›
- [ ] Clean sink basin and faucet GUIDE ›
- [ ] Sanitize food-contact surfaces as appropriate GUIDE ›

APPLIANCES

- [ ] Clean stovetop using its care instructions GUIDE ›
- [ ] Clean microwave interior GUIDE ›
- [ ] Clean oven according to manufacturer guidance GUIDE ›
- [ ] Clean dishwasher filter if accessible GUIDE ›

STORAGE

- [ ] Wipe cabinet fronts and handles GUIDE ›
- [ ] Empty and clean one drawer at a time GUIDE ›
- [ ] Sort pantry items and wipe shelves GUIDE ›
- [ ] Organize food containers and lids GUIDE ›

REFRIGERATOR & FINISHING

- [ ] Discard spoiled food GUIDE ›
- [ ] Wash removable fridge shelves per manual GUIDE ›
- [ ] Wipe appliance handles and switches GUIDE ›
- [ ] Sweep and mop compatible kitchen flooring GUIDE ›

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GUIDE links open related cleaning and organization categories in the digital PDF.

Safety: Follow product labels. Never mix cleaning chemicals, including bleach with acids or ammonia.